

[locked/work]



standuponit https://standuponit.livejournal.com/ <u>2010-05-06</u> 23:47:00



LOCATION: inside a brain that has been neurochemically rewired by

trauma

MOOD: • bored

MUSIC: The National - Terrible Love

Livejournal's "Writer's Block" question today: "What was your

worst travel experience ever, and why?"

Oh, look. Triggery livejournal is triggery.

I'm getting better, aren't I? I see something like this, contemplate freaking out, and realize that it's just my endocrine system and amygdala detonating and there's no real reason to get upset.

So I get to watch my fight-or-flight response go off as a detached observer. Makes me feel like a sportscaster. "He's coming up on a bad PTSD night! Let's see if he makes the jump!"

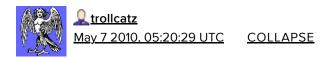
Well, that only took two years. Wonder where I'll be with it in ten-assuming I live that long, of course.

At least it's better than the (*&^*&*%)_*(flickr security questions.

TAGS: the new normal



<u>This looks like a</u>	<u>This.</u>	<u>Little guy's not</u>
g <u>ood idea.</u>		<u>bad.</u>
		Gotta teach RHex
		to smear.



Alienating: still our friend.



<u>Standuponit</u>

<u>May 7 2010, 10:40:36 UTC</u> COLLAPSE

This? This is not me. This is the operant conditioning talking.

I'm over here reading a book.

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